

Safe Snack List:

Applesauce cups

Cheez-Its

Fresh fruit and vegetables (No dips or toppings)

Good choices are: small apples, clementines, oranges, strawberries, bananas

Individual boxes of raisins

Keebler Graham Crackers (Original, Honey or Cinnamon) Scooby Doo Cracker Sticks

Keebler Wheatables

Kellogg NutriGrain Bars (all flavors)

Kraft Handi-Snacks (Mister Salty Pretzels 'n Cheese Dip, Breadsticks 'n Cheese Dip)

Nabisco Animal Crackers

Nabisco Honey Maid Graham Cracker

Nabisco 100 Calorie Pretzel Rounds

Ocean Spray Craisins

Pepperidge Farm Goldfish

Quaker Popped Rice Crisps

Quaker Quakes Rice Snacks

Raisins

Ritz Crackers (Whole Wheat or Original)

Rold Gold Pretzels; sticks, rods, etc. (mini size is great and should be sent in original package)

Safe cereals: Kix, Cheerios (Original), Quaker Life Cereal, Kellogg's Frosted Mini Wheats (chocolate, strawberry and blueberry are OK, too)

Snyder's Pretzels

Stacy's Pita Chips-Simply Naked, Cinnamon Sugar, Parmesan Garlic and Herb

Sun Chips (original flavor)

Thomas Mini-Bagels (any variety)

Teddy Graham Crackers (Honey, Cinnamon or Chocolate Chip)

Triscuits (original flavor, mini size, four cheese)

Wheat Thins (Original or Multi Grain)

Barnum's Animal Crackers

Pirate Booty

Kroger Original Vanilla Wafers

Reminder: Snacks need to be in a sealed snack size bag with the child's name on the bag and please read ingredient list carefully to make sure snacks do not have the following statements:

- "Manufactured in a facility that uses [*nuts] ingredients"
- "Manufactured in a facility which processes [*nuts]"
- "Processed in a facility that uses [*nuts]"
- "Manufactured on equipment that processes products containing [*nuts]"
- "Manufactured on equipment that uses [*nuts]"
- "Manufactured in a facility that processes [*nuts], but not on the same equipment"
- "Manufactured on shared equipment...may contain [*nuts]"

*nuts refers to any type of nut--peanut or tree nut

If your child brings to school any snack that resembles a nut product but is not a nut product, please indicate with a note (i.e. sun butter).